



20P8 – Obstructive Sleep Apnea

João Paço

Professor **João Paço** is a professor of otorhinolaryngology at NOVA Medical School|Faculdade de Ciências Médicas de Lisboa. He has various publications and chapter books in the area of deafness that have been highlighted in recent years. He participates in numerous national and international commissions in the area and guide residents and doctoral candidates. He collaborates with foreign and Portuguese universities in particular with the Universidade Católica Portuguesa, where he has coordinated hearing and deafness courses at the Institute of Health Sciences. He has been awarded with several prizes arising from his scientific and professional activity. In addition to his academic career, João Paço is the clinical director of the Hospital CUF Infante Santo, where he has been practicing his clinical activity for decades and where, with his team, he integrates projects such as "Health for all" through humanitarian missions that directs and coordinates supporting health in needy countries, such as São Tomé and Príncipe.

Cristina Caroça

Cristina Maria de Paiva Chaves Lopes **Caroça** Tomé de Jesus, concluded the PhD in medicine, branch of population health in 2017/07/06 by the NOVA Medical School| Faculdade de Ciências Médicas de Lisboa, the specialty of Otorhinolaryngology in 2009/07/09 and a degree in medicine in 1996 from NOVA Medical School| Faculdade de Ciências Médicas de Lisboa. She is a guest assistant professor at NOVA Medical School|Faculdade de Ciências Médicas de Lisboa since 2017, otorhinolaryngologist at the Hospital CUF Infante Santo since 2006 and CUF Belém Clínica since 2012. Collaborator in the multidisciplinary consultation of sleep apnea since 2015. She coordinate the medical formation at the Hospital CUF Infante Santo from 2017. Since 2012, coordinator ORL at CUF Belém Clínica. She has published 13 articles in specialized journals. She has 2 chapter (s) of books. She organized 4 event (s), in which 2 sleep apnea. Participated in 7 event (s). Co-orient 1 doctoral thesis (s) and is a member of the Tutorial Committee for a doctoral thesis. She received 4 awards, 2 in scientific articles from SPORL magazine, a JMS doctoral fellowship at 2014 and a TagusTank Medical research prize in 2018. Since 2011 he participates in the project of humanitarian missions in Sao Tome and Principe and is a responsible investigator in 3 projects. She works in the field of medical sciences and health with emphasis in clinical medicine stressing the branch of otorhinolaryngology and health population. In his professional activities interacted with 57 collaborator (s) and coauthor of scientific works.

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Susana Sousa

Degree in medicine from the Faculty of Medicine of Lisbon: 1999; General Physician Internate at Hospital de S. Bernardo. 2000/2001, complementary pulmonology residency at the hospital Garcia de Orta: 2002/2008, degree of hospital assistant of Pulmonology and specialist in pulmonology. 2008, degree of consultant of the special medical career in the area of Pulmonology: 2018; Setúbal Hospital Center: 2007/2019.

2016/2019 Co-Coordination of the Sleep unit of the Hospital CUF Infante Santo 2017/2019 coordination of the Sleep Medicine unit of the Hospital CUF Descobertas

Assistant of the curricular unit of physiology I of the physiotherapy course of the School of Health Egas Moniz -2002/2007; She has a teaching activity at the NOVA Medical School| Faculdade de Ciências Médicas de Lisboa as a volunteer assistant for Pulmonology since 2016;

Guest reviewer of Respirology magazine-Official Journal of South Pacific Society, International magazine with Impact factor of 3.46, since 2014.

Supervisor of training of residency of Pulmonology

2016/2018: Secretary of the Working Committee for Respiratory Pathology of sleep of the Portuguese Society of Pulmonology

2019 – present: Coordinator of the Work Committee of Respiratory Pathology of sleep of the Portuguese Society of Pulmonology

Author and Co in oral and Panel communications in National and international congresses and courses.

Author and Co-author of scientific papers in national and international medical journals and participated in the conduct of books in the area of Pulmonology

Specialist in sleep medicine by the European respiratory Research Society since 2014 (Certified expert somnologist). Competence in sleep medicine attributed by the Order of physicians since December 2015.

André Mariz de Almeida

Graduated in dental medicine at ISCSEM, in 2003; Master in Dental Medicine at ISCSEM, in 2015; PhD student in ATM dysfunction, University of Granada (Spain); Associate assistant of the degree of dental medicine, in the curricular unit of Oral rehabilitation I and II, and of the integrated master, in the curricular unit of Orofacial pain and ATM I; More than 100 conferences, communications and posters in Congresses; About 30 scientific publications between articles and abstracts.

Member of the Italian Gruppo di Studio Disordini Craniomandibolari (GSID) founded by Prof. Daniele Manfredini. Coordinator and Co-author of 3 books in the area of temporomandibular dysfunction; Exclusive clinical practice in orofacial pain; Oral rehabilitation and Co-founder sleep and president of the General Assembly of the Portuguese Society of Joint temporomandibular dysfunction and orofacial pain (SPDOF).



Pedro Cebola

Master's degree in Dental Medicine from Instituto Universitário Egas Moniz.

Degree in dental prosthesis from Escola Superior de Saúde Egas Moniz.

International course in occlusion, Temporomandibular dysfunction and Orofacial pain by the European Center for Dental Specialties (Prof. Eduardo Januzzi).

Co-author of the book "Bruxism: From diagnosis to rehabilitation" of the Portuguese Society of Temporomandibular Disorders and Orofacial pain.

Member of the Italian Gruppo di Studio Disordini Craniomandibolari (GSID) founded by Prof. Daniele Manfredini.

Sérgio Cardoso

Sérgio Luís Maria Freire Cardoso graduated in medicine from the University of Lisbon (1983-89), obtaining the title of specialist in Radiodiagnosis in 1996. In 2010 he obtained The Fellowship in neuroradiology by the European Society of Neuroradiology (ESNR).

He has developed his activity in head and neck imaging in the Hospital CUF Infante Santo and Hospital CUF Descobertas and at SAMS Hospital (2002-2017), being the responsible for the imagiology of this area in CUF hospitals since 2017.

It integrates the oncological therapeutic decision-making meetings of the area and is part of the multidisciplinary team of sleep apnea.

He was a member of the organizing Committee of an International Congress of Neuroradiology, is the author of two chapters of books of ORL and ophthalmology and has been a lecturer in several training events, with special emphasis on those performed in the area of sleep apnea.

Paula Moleirinho Alves

PhD student, since 2017, at Faculdade de Motricidade Humana (FMH), PhD in human motricity specialty
Motor behavior

Physiotherapy Specialist

Master's degree in neurological rehabilitation-specialty for physiotherapists at Universidade Católica Portuguesa/ESSA, since 2012

Post-graduated in occlusion, Temporomandibular dysfunction and Orofacial pain by the ECDS and Mater Dei College, since 2019

Post-graduated in Cervico-cranium-Mandibular physiotherapy from Universidad Andrés-Bello E by CEDIME, since 2016

Private practice in Orofacial pain and DTM since 2009

Lecturer at Escola Superior de Saúde Egas Moniz since 2007

Physiotherapist at Hospital Curry Cabral between 2003-2010

Graduated in physiotherapy from the School of Technology and Health of Lisbon, since 2002

Author and Co-author in oral communications, posters in national and international congresses.