

2016 - Neurorehabilitation: Motor Skill Learning and Neuroplasticity in the Neurological Patient

Hugo Santos, PT, MSc – Course Coordinator

He has been teaching at the Physiotherapy Department of ESSA since 2006. He has an advanced training course in Neuroscience at the Faculty of Medicine - Lisbon. He completed his master's degree in Neurological Rehabilitation in 2009. He graduated in Physiotherapy from ESSA in 2005 and graduated in Nursing from the Nursing School of Guarda in 2000. He began his activity as a Physical Therapist in 2005 in the private sector in the area of Neurology, and he worked as a Nurse in several public Hospitals from 2000 to 2009. He has developed several formations for Health professionals in the area of Neurorehabilitation. At the moment he is attending the PhD in Education at the WFH

Ana Vieira, PT, MSc, PhD

She has been teaching at ESSA's Physiotherapy Department since 1992 as an external teacher and since 2013 as a full-time teacher. She has developed teaching activities in the Masters of Physiotherapy in Musculoskeletal ESSA and in the Master in Neurological Rehabilitation, jointly conducted by ESSA and the Institute of Health Sciences of the Portuguese Catholic University. She is a consultant in numerous projects of support to the community, developing in this scope research activity. From the academic year 2012-13 and to date has taken over the coordination of the MSc in Physiotherapy from ESSA. She implemented the ESSA Student Support Office in 2006 and was responsible for organizing the psychological and pedagogical support for the students, as well as for the mentoring until 2014. She was a Physiotherapist at the Professional Rehabilitation Center of Alcoitão, where she began her career in 1990. She has developed clinical practice in the field of mental health, neurology, musculoskeletal and professional rehabilitation. She also acted as coordinator in the process of evaluation and prescription of technical aids. She completed her degree in Physiotherapy at ESSA, the Master's Degree in Education Sciences, specializing in Health Education at the Faculty of Human Motricity [FMH]. She holds a Postgraduate Diploma in Neuroscience and Psychomotricity, by the Faculty of Human Motricity in collaboration with the International Organization for Psychomotricity, with which she obtained an "International Certificate of Body Sciences and Techniques". She completed her PhD in Health Sciences in 2017, specializing in Neurological Rehabilitation, at the Health Sciences Institute of the Portuguese Catholic University.

Isabel Baleia, PT, MSc

She has been a full time lecturer in ESSA's Physiotherapy Department since 2015 and has been part-time lecturer since 2005. She holds a master's degree in Neurological Rehabilitation from the Institute of Health Sciences of the Universidade Católica Portuguesa since 2009. She is attending a PhD in Human Mobility, speciality of Rehabilitation, in the FMH. She graduated in Physiotherapy in 2002 from ESSA. She began her activity as a Physiotherapist in 2002 in the private sector in the field of neurological rehabilitation. She worked as a physiotherapist at the Rehabilitation Medicine Center of Alcoitão for 11 years.

Patrícia Almeida, PT, MSc, PhD

She has been a faculty member at ESSA's Physiotherapy Department since 2001. She is a member of the Commission for curriculum development and implementation of teaching strategies. Scientific responsible for the area of neurological rehabilitation. She holds a PhD in Health Sciences, specializing in Neurological Rehabilitation, by the Health Sciences Institute of the Portuguese Catholic University. She graduated in Physiotherapy in 1996, graduating in 2001 at the School of Health of Alcoitão and she held a Masters Degree in Physiotherapy Sciences in 2005 at the Faculty of Human Motricity. She began her activity as a Physical Therapist in 1996 in the private sector in the field of neurological rehabilitation. She worked as a physiotherapist at the Rehabilitation Medicine Center of Alcoitão for 7 years. She has held several internships and international trainings in the area of neurological rehabilitation. She is the President of the Neurological Physiotherapy Group of the Portuguese Association of Physiotherapists. She is President of the European Network of Physiotherapy Higher Education (ENPHE). She was Coordinator of ESSA's Physiotherapy Department between 2008 and 2014. She was ERASMUS Coordinator and international representative of ESSA's Physiotherapy Department between 2004 and 2014. She has experience teaching and organizing curricular and educational plans in an international context from 2006 to the present, in Europe and Africa.