

AHED - Advanced Health Education
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 / PROFESSIONAL PRACTICES
TECHNICAL CHALLENGES

OBSTRUCTIVE SLEEP APNEA

FROM THE ENDOSCOPIC DIAGNOSIS TO THE
MULTIDISCIPLINARY TREATMENT IN
CLINICAL PRACTICE - *SEMINAR*

21-P08.1



Advanced
Health
Education

by NOVA Medical School

OBSTRUCTIVE SLEEP APNEA

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COURSE COORDINATOR >> João Paço, MD, PhD
Cristina Carocha, MD, PhD

COURSE PRESENTATION

Obstructive Sleep Apnea (OSA) is a multidisciplinary pathology with impact on the individual and society. OSA usually means that it is present a mechanical obstruction to the air passage, because of that, the airway must be evaluated to identify the local obstruction. It is important recognize if is in one level or as usually, a multilevel obstruction.

We have several diagnostic exams, but recently Drug Induced Sleep Endoscopy (DISE) is the gold standard for diagnosis. OSA therapeutics should be individualized with collaboration of patient himself, being the CPAP the gold standard. Other therapeutics measures should be taken into account.

This course intends to give skills for the diagnosis and individualized therapeutic options for each patient. The course will be split into two components. The first is a theoretical seminar and the second is a practical skills course.

LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 To identify a patient with OSAS / snoring
- 2 To recognize the medical implications of this pathology
- 3 To evaluate a patient with OSAS / snoring
- 4 To know the techniques of anatomical diagnosis of OSAS
- 5 To identify the best therapeutic option according to each patient
- 6 To know how to adapt diagnostic techniques to therapy, serving as a predictive factor for therapeutic success - individualized treatment adequacy

TARGET AUDIENCE

Medical doctors and Residents of Otolaryngology, Pneumology, Dental Medicine, Cardiorespiratory Technician

ADMISSION CRITERIA

The theoretical seminar has no admission criteria.
The practical skills course requires:

- > CV with academic background in the mentioned specialties
- > Preference will be given to create a multidisciplinary team

ATTENDANCE REQUIREMENTS

100% attendance
is mandatory for issuing
attendance certificate

MAX ATTENDEES

Seminar >> 30
Practical Skills Course >> 30

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AGENDA

2022 / JANUARY

JAN 14th

2:00 pm - 7:00 pm

@ CUF TEJO

> SEMINAR

- > Medical Quiz
- > OSA - Clinical implications (When could we suspect of snore or OSA?)
- > OSA - Anatomic considerations for diagnosis
- > OSA - Imaging diagnosis CT, MRI
Behavioural, Medical, and Surgical
- > OSA - Therapeutic intervention
- >> Medical Quiz

JAN 15th

8:30 am - 5:30 pm

@ CUF TEJO

> PRACTICAL SKILLS DAY

- > Drug Induced Sleep Endoscopy (DISE)
with dental registry
- > Drug Induced Sleep Endoscopy (DISE)
without dental registry
- > Mandibular Advancement Device (MAD)
- > Positional therapeutics
- > CPAP

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FACULTY

- > João Paço, MD, PhD
- > Cristina Carocha MD PhD
- > Susana Sousa, MD
- > André Mariz de Almeida, Medical Dentist
- > Pedro Cebola, Medical Dentist
- > Sofia Freitas, MD
- > Paula Moleirinho, FT

DURATION

SEMINAR >> 5 HOURS

PRACTICAL SKILLS DAY >> 7 HOURS

PRICE

SEMINAR >> 150 €

PRACTICAL SKILLS DAY >> 450 €

INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunche

s, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

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COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at ahed.pt

APPLICATION DEADLINE >> JANUARY 11th 2022

INSTITUTIONAL PARTNERSHIPS

