

AHED - Advanced Health Education
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/ MULTIPROFESSIONAL CARE
INTEGRATION CHALLENGES

NEUROREHABILITATION / AMYOTROPHIC LATERAL SCLEROSIS

20-I15



Advanced
Health
Education

by NOVA Medical School

NEUROREHABILITATION / AMYOTROPHIC LATERAL SCLEROSIS

20-I15

COURSE COORDINATOR >> António Fernandes Lopes, PT, MSc
Hugo Santos, PT, MSc

NEW DATES

COURSE PRESENTATION

Amyotrophic Lateral Sclerosis (ALS) is a rapidly progressive neurodegenerative disease. It is characterized by the degeneration of motor neurons in the brain, spinal cord and brain stem, leading to overall muscle weakness. Due to the various clinical phenotypes of ALS, and the consequent highly variable presentation of patients, the great variability in prognosis and the typically rapid and progressive nature of functional decline, is a constant challenge for health professionals treating these patients to develop plans interventions. Thus, it is of fundamental relevance that the professionals have a solid understanding of the nature and evolution of the disease, in order to solve the problems of the patient's current status and anticipate future problems.

This course summarizes current concepts about the origin of the disease, what factors predispose patients to develop the disorder and discuss why ALS cases are not the same. It is focused on the current aspects of ALS and where research is going - from small improvements in the extent of longevity to the evolution of therapeutic interventions.

The disease is approached from a functional perspective in order to understand what limitations 1) can be restored and for how long; 2) require immediate compensatory strategies or interventions; 3) require referral to different health professionals.

LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 To deepen knowledge about the clinical aspects of ALS.
- 2 To acquire knowledge about the most recent guidelines in the diagnosis and therapeutic management of ALS.
- 3 To identify relevant assessment tools to assess the functional problems of users with ALS.
- 4 To develop competencies to devise appropriate intervention programs that address the different needs of a patient with ALS.
- 5 To apply clinical reasoning skills in clinical decision making, taking into account the stage of the disease and the severity of the condition.
- 6 To acquire bibliographic search and analysis skills in the area.

TARGET AUDIENCE

Course for all health professionals working in the area of neurorehabilitation and / or palliative care.

ADMISSION CRITERIA

>> Curriculum vitae including certificate of academic qualifications or professional certificate, a proof of professional practice in the area of neurorehabilitation and a letter of motivation for the theme of the course.

ATTENDANCE REQUIREMENTS

100% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

MAX. ATTENDEES

>> 48

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AGENDA

2020 / NOVEMBER

NOV 6TH

4:00 pm - 8:00 pm

@ Escola superior de Saúde de Alcoitão

- >> Neurodegeneration
From the molecule to the brain
- >> The ELA
More than an illness of the motor neuron
- >> Diagnosis of the Disease
- >> The Progression of the Disease
- >> Pharmacological Approaches
and management of problems

NOV 13TH

4:00 pm - 8:00 pm

@ Escola superior de Saúde de Alcoitão

- >> Management of functional problems
in the initial phase of the disease
- >> Interactive discussion of a real clinical case
in small work groups
- >> Summary of the session
Take home message

NOV 20TH

4.00pm - 8.00pm

@ Escola superior de Saúde de Alcoitão

- >> Presentation of a real case and group work
in small groups

NOV 7TH

9:00 am - 1:00 pm

@ Escola superior de Saúde de Alcoitão

- >> The role of the Caretaker
- >> Multidisciplinary care
- >> Management of speech, swallowing
and communication changes
- >> Management of functional
and respiratory problems

NOV 14TH

9:00 am - 1:00 pm

@ Escola superior de Saúde de Alcoitão

- >> Management of functional and respiratory
problems in an intermediate
- >> Interactive discussion of a real clinical case
in small working groups
- >> Summary of the session
Take home message

NOV 21ST

9.00am - 1.00pm

@ Escola superior de Saúde de Alcoitão

- >> Group work
- >> Groups' presentations

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FACULTY

- > Mamede de Carvalho, MD, PhD
- > Filomena Borges, Public Relations
- > Hugo Santos, PT MsC
- > Joana Presa, Psychologist, MsC
- > João Cabrita, PT
- > Luísa Taveira, ST, MsC
- > Margarida Oliveira, ST
- > Marta Pissara, PT
- > Ana Menezes, PT MsC
- > Anna Caroline Braga, PT PhD

CREDITS >> 3 ECTS

DURATION >> 24 HOURS

PRICE >> 890€

INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunches, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at ahed.pt

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APPLICATION DEADLINE >> OCTOBER 6TH 2020

INSTITUTIONAL PARTNERSHIPS



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