

AHED - Advanced Health Education
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PAIN / PAIN MEDICINE IMMERSION

20-I11



Advanced
Health
Education
by NOVA Medical School

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COURSE COORDINATOR >> Beatriz Craveiro Lopes, MD

COURSE PRESENTATION

Pain Medicine is a branch of Medicine that employs an interdisciplinary approach for mitigating the suffering and improving the quality of life of those living with Chronic Pain. Chronic Pain is a major public health issue with a devastating human, economic and social impact. There are legal, regulatory, cultural and economic factors that negatively affect treatment consequently inducing a fundamental misunderstanding of pain. Untreated Pain can drive to depression, frequent doctor visits, absenteeism, job loss and an eventual need for carers.

Assessing and relieving pain is the responsibility of all clinicians who care for patients with chronic pain potentially avoiding the frustration and anxiety of continued unsuccessful treatments. A proper chronic pain treatment plan may only be developed after the acknowledgement of the basic pathophysiology of the pain pathways (Baron), accentuating the importance of pain-related disciplines in the medical education.

Pain Education means better knowledge, better tools, better approach, better diagnosis, better treatment and better care. Pain Education at the service of a health care professional requires adequate tools in order to facilitate the diagnose, the treatment and the communication with the patients.

This course is a hands-on approach to Pain Medicine.

LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 To know the basic aspects of pain management
- 2 To know the main options in pain evaluation
- 3 To know the main options in pain treatment
- 4 To acquire competence in the management of the main pain etiologies
- 5 To know the organization of a Pain Unit

TARGET AUDIENCE

Medical Doctors of all specialties

ADMISSION CRITERIA

>> CV and motivation letter

ATTENDANCE REQUIREMENTS

90% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

MAX. ATTENDEES

>> 20

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AGENDA

2020 / NOVEMBER

NOV 6TH

2:00 pm - 6:00 pm

@ Nova Medical School (Campo de Santana)

>> Basic Aspects of Pain

Definition of concepts

Types of pain

Anatomy of pain transmission

Physiology and physiopathology of pain

>> Pain Evaluation

Definition of concepts

Types of pain

Anatomy of pain transmission

Physiology and physiopathology of pain

>> Therapeutic Approaches

>> Pharmacologic

>> Non-pharmacologic

NOV 20TH

2:00 pm - 6:00 pm

@ Nova Medical School (Campo de Santana)

>> Clinical Management of the most common painful conditions

>> General Pain

>> Cancer pain

>> Other conditions

NOV 13TH

2:00 pm - 6:00 pm

@ Nova Medical School (Campo de Santana)

>> Interventional Techniques

Principles of Intervention

(when to do and when not to do)

Risks

Ultrasound and Fluoroscopy Principles

Peripheral Nerve Blocks

Central Blocks

Continuous techniques

Epidural steroid injections

Principles of Radiofrequency

Peripheral Neurostimulation

Spinal Neurostimulation

>> The integrated Therapeutic Plan

Concept and applications

NOV 27TH

2:00 pm - 6:00 pm

@ Hospital Garcia da Orta

>> Legal and administrative aspects

>> Theory into practice

Clinical cases

>> Visit to HGO

Pain Unit

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FACULTY

- >> Beatriz Craveiro Lopes, MD
- >> Javier Duran, MD
- >> Miguel Reis e Silva, MD

CREDITS >> 1.5 ECTS

DURATION >> 16 HOURS



"The Pain: Pain medicine immersion, Lisbon, Portugal, 06/11/2020-27/11/2020 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 11 European CME credits (ECMEC®s).



Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity."

This event is compliant with the MedTech Europe Code of Ethical Business Practice



PRICE >> 590€

INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunches, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
 - 50 € for courses priced below equal to 1000 €
- Application fees are non-refundable.

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COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at ahed.pt

APPLICATION DEADLINE >> OCTOBER 6TH 2020

INSTITUTIONAL PARTNERSHIPS



SCIENTIFIC PARTNERSHIPS



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