

AHED - Advanced Health Education
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/ MULTIPROFESSIONAL CARE
INTEGRATION CHALLENGES

AGEING / COMPREHENSIVE HEALTH CARE IN AGEING

20-110



Advanced
Health
Education

by NOVA Medical School

AGEING / COMPREHENSIVE HEALTH CARE IN AGEING

20-110

COURSE COORDINATOR >> Ana Jorge, MD

COURSE PRESENTATION

Ageing requires competent responses from society and health services, based on specific knowledge and appropriate practices.

This multidisciplinary course aims to present and discuss the latest knowledge in the pathophysiology of ageing, the most frequent geriatric syndromes, questioning the polymedication and the therapeutic conciliation, discussing the ethical issues of the end of life, rehabilitation and communication issues.

LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 To acquire new knowledge and develop skills in approaching the problem of ageing in a comprehensive way.**
- 2 To reconcile the progress of knowledge and practice with the context of each patient considering the family and the social context and ethical and spiritual values.**

TARGET AUDIENCE

Health professionals, Doctors, Pharmacists, Therapists, Nurses, Psychologists and Social Services Graduates

ADMISSION CRITERIA

>> CV and motivation letter

ATTENDANCE REQUIREMENTS

80% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

MAX. ATTENDEES

>> 25

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AGENDA

2020 / OCTOBER

OCTOBER 6TH

8:00 am - 7:00 pm

@ Escola Superior de Saúde do Alcoitão

- > Ageing
Demographic transition, social and health inequities, "healthy ageing", life course approach, age discrimination, community responses, organisation of health services and social support, ageing as an opportunity
- > Pathophysiology of ageing
and more frequent geriatric syndromes

OCTOBER 19TH

9:00 am - 6:00 pm

@ Escola Superior de Saúde do Alcoitão

- > Ethical issues of the end of life:
Applied reading of Portuguese legislation:
Living Will
New judicial practices for the legal protection of the elderly
- > Rehabilitation and the problem of communication

OCTOBER 12TH

8:00 am - 7:00 pm

@ Escola Superior de Saúde do Alcoitão

- > Pathophysiology of ageing
and more frequent geriatric syndromes
- > Nutrition and ageing:
Determinants of the nutritional status of the elderly
Specifics in the nutritional assessment of the elderly
Nutrition intervention in the elderly
- > Multi-drug medication
and therapeutic conciliation: Introduction to drug therapy for the elderly
Specifics in the nutritional assessment of the elderly

OCTOBER 26TH

9:00 am - 6:00 pm

@ Escola Superior de Saúde do Alcoitão

- > Rehabilitation and the problem of communication
- > Multi-disciplinary and inter-disciplinary in integrated care response:
Specificity and communicative vulnerability of ageing
Management strategies for effective communication

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FACULTY

- | | |
|--------------------------------------|--------------------------------------|
| >> Jean-Pierre Michel, MD, PhD | >> Catarina Alvarez, MSc |
| >> Manuel Lopes, MD, PhD | >> Gilberto Couto, MD, MSc |
| >> Manuel Caldas de Almeida, MD, PhD | >> Ana Isabel Vieira, PT, PhD |
| >> Carla Santos, MD | >> Cristina Vieira da Silva, OT, MSc |
| >> Helder Mota Filipe, PharmD, PhD | >> Luisa Taveira, SLT, MSc |
| >> João Nunes Rodrigues, MD, MSc | >> António Rocha, NP |
| >> Jorge Torgal, MD, PhD | >> Ana Bernardo, MD, MSc |
| >> Miguel Oliveira da Silva, MD, PhD | |

CREDITS >> 4 ECTS



DURATION >> 36 HOURS

"The Ageing: Comprehensive Health Care in Ageing, Lisbon, Portugal, 06/10/2020-26/10/2020 has been accredited by the European Accreditation Council for Continuing Medical Education [EACCME®] with **32 European CME credits** (ECMEC®s).



Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity."

PRICE >> 1.100€

INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunches, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

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COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at ahed.pt

APPLICATION DEADLINE >> SEPTEMBER 6TH 2020

INSTITUTIONAL PARTNERSHIPS



SCIENTIFIC PARTNERSHIPS



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