

AHED - Advanced Health Education
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/ MULTIPROFESSIONAL CARE
INTEGRATION CHALLENGES

VERTIGO AND DIZZINESS / FROM DIAGNOSIS TO REHABILITATION

20-107



Advanced
Health
Education

by NOVA Medical School

VERTIGO AND DIZZINESS / FROM DIAGNOSIS TO REHABILITATION

20-107

2021 dates to be announced soon.

COURSE COORDINATOR >> João Paço, MD, PhD
Maria Manuel Henriques, MD

COURSE PRESENTATION

Vertigo is among the most common symptom presented to doctors, with a lifetime prevalence of around 20% to 30%. It is not a separate disease but a multisensory and sensorimotor syndrome with various etiologies and pathogeneses.

This postgraduate course covers vertigo and dizziness from diagnosis to complementary medical exams and surgical therapeutics, including vestibular rehabilitation.

Sessions with top-notch national experts include lectures, clinical cases and practice sessions.

LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 Identify and deal with the several diseases that cause vertigo and dizziness.
- 2 How to evaluate the dizzying patient.
- 3 Recognise the medical and psychological implications of this pathology.
- 4 Identify what are the best therapeutic options according each pathology and each patient.

TARGET AUDIENCE

ENT Medical doctors and Residents; Neurology MD and Residents; Audiologists; Physiotherapists.

ATTENDANCE REQUIREMENTS

>> 80% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

ADMISSION CRITERIA

>> Academic background in the mentioned specialties.
>> Other Doctors and health professionals can also be considered for admission after evaluation of their specific motivation.

MAX. ATTENDEES

>> 50

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AGENDA

2021 / **OCTOBER**

DAY 1

3:00 pm - 7:30 pm

@ Hospital CUF Tejo

- >> Introduction
- >> Anatomy and Physiology of Auditory System
- >> Anatomy and Physiology of Vestibular System

DAY 3

3:00 pm - 7:30 pm

@ Hospital CUF Tejo

- >> Imaging of the inner ear
- >> Central Vertigo

DAY 5

3:00 pm - 7:30 pm

@ Hospital CUF Tejo

- >> Paroxysmal positional benign vertigo (PPBV)
- >> Practice Training
- >> Vestibular Migraine
- >> Vertigo of childhood
- >> Clinical history, diagnosis, complementary exams and therapeutic - Clinical cases

DAY 2

9:30 am - 2:00 pm

@ Hospital CUF Tejo

- >> Anamnesis in dizzy patients
- >> Physical examination in dizzy patients
- >> Practice Training
- >> Complementary diagnosis exams
- >> Hearing tests, videonystagmography, Video-HIT, computed dynamic posturography, vestibular evoked myogenic potentials (VEMPs)

DAY 4

9:30 am - 2:00 pm

@ Hospital CUF Tejo

- >> Acute Vestibular Syndrome
- >> Practice Sessions
- >> Persistent Postural Perceptual Dizziness
- >> Bilateral Vestibulopathy

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2021 / **NOVEMBER**

DAY 6

9:30 am - 2:00 pm

@ Hospital CUF Tejo

- >> Ménière Disease
- >> Historic evolution
- >> Clinical history , diagnosis,
Complementary exams, medical and surgical
procedures
- >> Surgery in Ménière Disease
Control of vertigo and hearing impairment
- >> Tinnitus

DAY 8

9:30 am - 2:00 pm

@ Hospital CUF Tejo

- >> Vestibular Rehabilitation
(exercises and instrumental)
- >> Maneuvers and instrumental rehabilitation
- >> Case reports and practice training

DAY 7

3:00 pm - 7:30 pm

@ Hospital CUF Tejo

- >> Surgical Treatment in Inner Ear Pathology
- >> Radiosurgery (Gamma Knife)

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FACULTY

- | | |
|---------------------------|------------------------------|
| >> João Paço MD, PhD | >> Hugo Estibeiro MD |
| >> João Lemos MD, PhD | >> Inês Moreira MD |
| >> Leonel Luís MD PhD | >> José Manuel Brás MD |
| >> Nuno Trigueiros MD PhD | >> Luís Marques Pinto MD |
| >> Pedro Escada MD, PhD | >> Margarida Amorim MD |
| >> Pedro Marques MD, PhD | >> Maria Begónia Catoni MD |
| >> Conceição Monteiro MD | >> Maria Manuel Henriques MD |
| >> Gabriel Branco MD | >> Pedro Araújo MD |
| >> Haula Haider MD PhD | >> Sandra Costa MD |

CREDITS >> 3.5 ECTS

DURATION >> 32 HOURS

PRICE >> 675€

INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunches, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at [ahed.pt](https://www.ahed.pt)

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APPLICATION DEADLINE >> SEPTEMBER 2ND 2021

INSTITUCIONAL PARTNERSHIPS



SCIENTIFIC PARTNERSHIPS



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