

AHED - Advanced Health Education  
Rua Manuel Joaquim Avelar, 118 - Piso 2  
2750 - 421 Cascais  
phone +351 911 191 954  
info@ahed.pt >> **ahed.pt**



/ MULTIPROFESSIONAL CARE  
INTEGRATION CHALLENGES

# MUSCULOSKELETAL / DISEASES AND REHABILITATION 20-101 - CHALLENGES OF INTEGRATED CARE

Advanced  
Health  
Education

by NOVA Medical School



# MUSCULOSKELETAL / DISEASES AND REHABILITATION

## - CHALLENGES OF INTEGRATED CARE

20-I01

**COURSE COORDINATOR** >> Helena Canhão, MD, PhD

### COURSE PRESENTATION

Physical disability and poor quality of life represent high costs for individuals and society. The increase of elderly patients with multiple co-morbidities and use of expending therapies require complex treatment algorithms with careful monitoring. The development of new information and communication technologies (ICTs) are changing the relationships between health professionals, patients and other stakeholders, as well as the access to the health systems, with repercussions on health policies.

There is pressure on all teams to provide effective and safe treatment within new collaborative multi-professional paradigms.

The challenges arise in many areas such as implementation science, management, leadership, cost-effectiveness, communication, outcomes measurement, multimorbidity, policy and inequities, new technologies and integrated care.

In this course, complex and interactive cases are used to discuss, develop and apply models with the combination of various knowledge and skills.

### LEARNING OBJECTIVES >> KNOWLEDGE AND SKILLS TO DEVELOP

- 1 To develop, discuss and experiment a wide range of scientific-based strategies and tools for use in MSK and rehabilitation areas
- 2 Ensure that all participants have a common language and develop an integrated approach to problems
- 3 To develop and implement a plan for their own integrated care projects in musculoskeletal diseases
- 4 To work as a team, develop leadership skills, implement and manage action plans and establish collaborations.

### TARGET AUDIENCE

Health professionals who treat musculoskeletal diseases and rehabilitation (general and family medicine doctors, rheumatologists, orthopaedics, physiatrists, neurosurgeons, nurses, physiotherapists, occupational therapists), managers, engineers, pharmaceutical, clinical researchers, innovation, pharmaceutical and devices companies staff, other professions related to the area of musculoskeletal diseases and rehabilitation.

### ATTENDANCE REQUIREMENTS

80% attendance is mandatory for issuing attendance certificate and CME credits and/or ECTS

### ADMISSION CRITERIA

- >> Academic background in the mentioned specialties.
- >> CV and Motivation letter are required.

### MAX. ATTENDEES

- >> 30

# MUSCULOSKELETAL / DISEASES AND REHABILITATION - CHALLENGES OF INTEGRATED CARE

20-I01

## AGENDA

### 2020 / OCTOBER

#### OCT 28<sup>TH</sup>

9:00 am - 6:00 pm

@ Nova Medical School (Campo de Santana)

- >> Musculoskeletal Integrated Care  
in high performance sports
- >> Integrated musculoskeletal care  
in primary health care  
Chronic low back pain
- >> Study visit

### 2020 / NOVEMBER

#### NOV 4<sup>TH</sup>

9:00 am - 6:00 pm

@ Nova Medical School (Campo de Santana)

- >> How to design and plan an integrated  
system care for musculoskeletal diseases?
- >> Implementation of governance  
and team building strategies
- >> Hands on:  
Elaboration of an integrated care plan  
for musculoskeletal diseases - Part 1

#### NOV 18<sup>TH</sup>

9:00 am - 6:00 pm

@ Nova Medical School (Campo de Santana)

- >> Approach and treatment of a patient  
with bone fragility fracture  
Fracture Liason Services
- >> How to make a pitch of the new integrated  
care plan in musculoskeletal diseases?
- >> Hands on:  
Elaboration of an integrated care plan  
for musculoskeletal diseases - Part 3

#### NOV 11<sup>TH</sup>

9:00 am - 6:00 pm

@ Nova Medical School (Campo de Santana)

- >> Digital Innovation and its application  
in integrated care of musculoskeletal  
diseases
- >> Innovation and Entrepreneurship  
in the approach to musculoskeletal diseases
- >> Hands on:  
Elaboration of an integrated care plan  
for musculoskeletal diseases - Part 2

#### NOV 25<sup>TH</sup>

9:00 am - 6:00 pm

@ Nova Medical School (Campo de Santana)

- >> Presentation and pitch evaluation  
of the projects in integrated care  
for musculoskeletal diseases
- >> Wrap-up and Evaluation

# Ahed.

Advanced  
Health  
Education

by NOVA Medical School

# MUSCULOSKELETAL / DISEASES AND REHABILITATION - CHALLENGES OF INTEGRATED CARE

20-I01

## FACULTY

- |                                  |                                     |
|----------------------------------|-------------------------------------|
| >> João Beckett, MD, PhD         | >> Ana Rodrigues, MD, PhD           |
| >> Eduardo Brazete Cruz, PhD     | >> Helena Canhão, MD, PhD           |
| >> Pedro Pita Barros, PhD        | >> António Fernandes Lopes, PT, MSc |
| >> Pedro Soares Branco, MD, PhD  | >> Pedro Oliveira, PhD              |
| >> Miguel Pina e Cunha, PhD      | >> Hugo Gamboa, PhD                 |
| >> Rute Dinis de Sousa, MSc, MBA | >> António Grilo, PhD               |

## CREDITS >> 3.5 ECTS

"The Musculoskeletal: Diseases and rehabilitation - Challenges of Integrated Care, Lisbon, Portugal, 28/10/2020-25/11/2020 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **40 European CME credits** (ECMEC®s).

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity."

This event is compliant with the MedTech Europe Code of Ethical Business Practice

## DURATION >> 40 HOURS



## PRICE >> 1.190€

### INCLUSIONS AND EXCLUSIONS IN PRICE

The price published for each course includes teaching fees, space rental, certificate of attendance, and materials used during the course. The price of the course doesn't include hotel accommodation, lunches, and dinners on course days, nor any other items unless specifically mentioned. Prices of courses published by AHED are exempted of VAT. Other items priced by AHED apart from courses may however include VAT.

### APPLICATION, ADMISSION AND REGISTRATION

When applying for a course at AHED – Advanced Health Education, the applicant subjects personal and professional data that will be verified and assessed to check that admission criteria for that specific program are met. Once an application is approved, registration in the course is admitted and will require payment of the price published for the course.

### APPLICATION FEES

Application fees are as follows:

- 100 € for courses priced above 1000 €
- 50 € for courses priced below equal to 1000 €

Application fees are non-refundable.

### COURSE REGISTRATION FEES

The registration stage is considered completed when the total price of the course is received by AHED.

### PAYMENT OPTIONS

Payment options for application and registration include credit card (Visa, MasterCard), wire transfer in Euro, and Multibanco.

# MUSCULOSKELETAL / DISEASES AND REHABILITATION - CHALLENGES OF INTEGRATED CARE

20-I01

## EARLY BIRD

Application fees will be discounted from the course price for registrations completed 90 calendar days before the date of the course.

For additional information, please go to in Terms and Conditions at [ahed.pt](http://ahed.pt)

**APPLICATION DEADLINE >> SEPTEMBER 28<sup>TH</sup> 2020**

## INSTITUTIONAL PARTNERSHIPS



## SCIENTIFIC PARTNERSHIPS

